

Thomas Barnes, M.D., FAACS, Diplomate ABCS

Dr. Thomas Barnes, M.D. has practiced General Cosmetic Surgery since 1995 in Newport Beach, CA. He is a Fellow of the American Academy of Cosmetic Surgery and has been an instructor of cosmetic surgery, liposuction and laser procedures since 1996. Currently teaching monthly AAOCP sponsored CME AWAKE Liposuction/Laser Lipolysis courses in addition to other courses, he has taught physicians across the US and in several different countries including Europe and Latin America. He is AACS Cosmetic Surgery Fellowship-trained and triple boarded in three different specialties.

Barnes completed an AACS approved Cosmetic Surgery Fellowship in 1996 and passed the ABCS General Cosmetic Surgery board exam in 1997. He has been a past oral examiner for the ABCS. He is also ABMS boarded in Internal Medicine and became boarded in Plastic Surgery with the Board of Certification in Plastic and Reconstructive Surgery in 1997 (American Association of Physician Specialists.) His office is complete with AAAHC Certified OR since 1999. His procedures include most face and body contouring surgical procedures – both awake and with MAC - as well the most recent laser and light-based options including laser lipolysis, IPL, fractional CO2 and RF skin rejuvenation.

He attended the University of Southern California School of Medicine, graduating AOA and completed residency training at UCLA. His fellowship in cosmetic surgery was completed in Newport Beach, CA. He has been a faculty instructor in AACS cosmetic surgery programs. Dr. Barnes has also appeared on many national TV shows (Today Show, EXTRA, Inside Edition, LEEZA Show, Fox Morning Show) as well as many local LA TV news and radio programs showcasing procedures he has created as well as popularizing the concept of “Lunchtime Makeovers” – Awake body and face contouring procedures. In 2000 and 2001 he organized and chaired the Practice Management seminars concomitant with the Annual AACS meetings and continues to deliver CME presentations at various Academy meetings including the AACS and AAOCP.

Barnes stresses patient safety and a solid foundation of scientific didactic and clinical knowledge in his courses and workshops as well as true-and-tried strategies to attain excellent patient results based on his nearly 14 years of successful practice of cosmetic surgery. Marketing and practice management are also stressed in his courses.

Barnes and his staff offer both CME workshops most areas of cosmetic surgery and individualized liposuction and laser/laser lipolysis training in his offices and AAAHC certified OR. Our offices are located in Newport Beach, CA. Office: 949 719 9700.